

#### **THUDAKAM**

Thattukada Meen Varuthathu Fish of the day marinaded with God's Own Country Spice	<b>£9.95</b>
Crab Cake CDG Crab meat and potato patties with curry leaves	£9.95
Deal Keniu s	
Paal Konju C Prawns cooked in a thick Kerala flavoured masala finished with curry leaves, coconut	£9.95
Thengai Paal Scallops DF Pan-seared scallops with a sauce of garlic, ginger and coconut milk, topped with shallot and chilli relish	£12.95
Chicken Lollipop  Four batter fried wings tossed with spicy ginger sauce	£7.95
Travancore Chicken DG	£9.95
Drum of chicken marinated with spices and tossed with co	conut
Chilli Chicken Chicken tossed with onion, capsicum and spices	£9.95
Chicken Pattas	£9.95
Tangy spicy dry chicken	£7.75
Trio of Chicken D	£10.95
Chicken Tikka three ways: marinated with basil, Kashmiri chillies and with cheese	
Sheekh Kebab D	£8.95
Minced lamb marinated with fresh herbs and chef's specia	l spices
Irachi Peralan	£9.95
A popular slow cooked lamb dish with aromatic herbs and	
Beef Ularthiyathu  A very special Kerala dish. Tender beef cubes marinated traditional spices and cooked in different methods to att unique texture. The coconut chips, curry leaves and cocogives it an exotic Kerala flavour	ain this
Basket of Poppadoms D	£3.95
Served with homemade pickles	
Masala Papadum	C2 75
Served with red onion, tomato, chillies	£3.75
Masala Cashew Nuts N Served with onions, coriander, tomatoes and chillies	£7.50
Dahi Puri pg	£5.95
Mini Puri shells stuffed with potato, chickpeas and drizzled with sweet yogurt and chutneys	L3.73
Dahi Vada D	£6.95
Lentil doughnut served with sweet yoghurt and chutneys	
Gupchup Shooters G	£6.95
Hollow puri, filled with potato, chickpeas and served with flavoured water	
Samosa Chaat D G	£6.95
Stuffed vegetable and peas, served with chickpeas, sweet vogurt, mint and tamarind chutney	£0.73

sweet yogurt, mint and tamarind chutney

Samosa G South Asian pastry with a savoury filling, including ingredients such as spiced potatoes and onion	£4.95
Gobi Manchurian v  Batter fried cauliflower cooked with fresh ginger, garlic, chillies, coriander, rich flavour of soy	£8.95
Chilli Paneer DV Indian cottage cheese, onion, peppers, spring onion ar dark soya sauce tossed in a wok	£8.95
Onion Pakoda v vE Crunchy snack made with fillers of finely sliced onion a	£5.95
Crispy Vegetables VVE	£8.95
Kalan Milagu Varuval vve	£8.95
Mushroom tossed with chef's special spices	
MAIN COURSE	
Sea Bass F Fresh sea bass, pan seared, served on a bed of curry leinfused mashed potato, in a tongue tickling raw mange	
ginger and coconut sauce  Meen Pollichatu F  Traditional Kerala fish of the day marinated with spice wrapped in banana leaf and grilled served with Kappa Please allow 20 mins cooking time	£18.95
Kerala Prawn and Mango Curry c Inspired by seafood cooks of the backwaters of Kerala South India, prawns in a tongue-tickling raw mango, ginger and coconut sauce	£14.95
Poussin and Potato Curry  Typical Kerala dish of whole poussin cooked with arom spices, finished with thick red creamy sauce with pepp citrus flavour	
Meen Mulakittathu Curry F Fish of the day cubes soused in chilli and Kodampuli, tempered with ginger, garlic, mustard seeds and curry	£13.95
Kuttanadan Duck Curry N	£19.95
A popular fresh duck meat Christian delicacy in Keral prepared in a hearty combination of spices, pepper and coconut milk	
Chicken Makhani D N Chicken tikka in a rich tomato sauce flavoured with fenugreek leaves	£12.95
Kozhi Varutharacha Curry Chicken cooked in a rich flavour of raw spices containi coconut, black pepper, curry leaves and red chillies	£12.95
Lamb or Chicken Nilgiri Green Curr	<b>y</b> D
LAMB 14.95 / CHICKEN £13.95  A traditional dish from Western Ghats Tamilnadu, India  – lamb or chicken cooked with leaf spinach, onion tom and spices, flavoured with fenugreek leaves	
Lamb Shank Chettinadu Curry N  Very tender slowly cooked shank of lamb in an chetting served in a creamy sauce of chef selection of spices	£20.95 ad style,
Karaikudi Lamb Curry on Bone	£13.95
A spicy, hot and aromatic Mutton bone dish which is flavo with distinctive spices in addition to shallots which is who	ured

makes this dish unique. This is a very popular homestyle cooking

Slow cooked beef preparation by the Syrian Christians of Kerala; a perfect combination of spices and flavours,

Kerala Beef Curry

created in a home-style cuisine

# TANDOORI MAIN COURSES Sea Bass DF £17.99

Whole seabass marinated in Kashmiri chilli, and handpicked spices; grilled in the tandoor Tandoori

Chicken Tikka £12.9

One of the most popular dishes, North India Chicken marinated in yoghurt, lemon juice and handpicked spices

Spring Lamb Chops £16.95

£14.95

Four chops blended with spices then finished in the tandoor oven

Zafrani Paneer Tikka

Indian cottage cheese marinated classic recipe cooked in the tandoor

All the tandoori dishes above served with garlic bread

#### VEGETABLES/VEGAN

<b>Aloo Gobi</b> v ve	£9.95
Cauliflower and potatoes tossed with onions, tomatoes and	d spices
Green Vegetable Curry VVE	£9.95
Cooked with leaf spinach, mint, coriander, onion tomatoe and spices, flavoured with fenugreek leaves	es.
Venda <mark>kkai Puli Kulambu</mark> vye	£9.95
Okra sau <mark>tée</mark> d with ginger, garlic, onion, to <mark>mato</mark> and delic	ate

touch of spices and tamarind

Kadala Curry VVE

Black chickpeas cooked with onions, tomatoes and chef's blend of spices

Dal Makhani DV £9.95

Most popular Indian dish cooked with black lentils with cream

Bagara Baingan N V VE £9.95

Tangy spicy eggplant curry, coconut, sesame seeds, peanuts

Palak Paneer DV £10.95

Palak Paneer DV £10.9
A north Indian popular dish made with spinach Paneer

Paneer Tikka Masala DNV £10.95

A traditional Punjabi dish in which Paneer is cooked with spices in rich creamy butter and tomato gravy

## SIDE ORDERS

Parippu Kadanjathu vve	£7.95
Five lentils cooked with tomatoes, onion, garlic tossed v mustard and curry leaves	with

Thoran V VE £7.95

Our traditional Kerala dish of carrot and cabbage tempered with mustard and fresh coconut

Palak Aloo DV £7.95 A north Indian popular dish made with spinach purée

cooked with potato dishes

Cauliflower and Green Peas Masala VVE £7.95

A dry preparation with aromatic spices

Mushroom Chettinadu VVE £7.95

Mushroom cooked with chef's special spices

Aloo Jeera VVE £7.95
Potato and cumin tossed with spices

Green Salad £3.50
Raita D £3.95

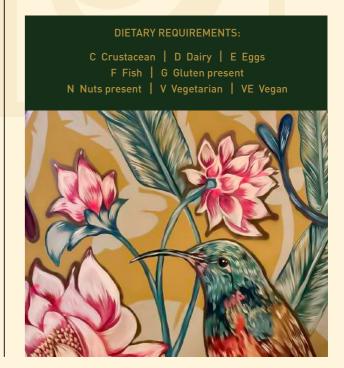
## RICE / NAAN

Steamed Basmati Rice	£3.50
Red Rice	£4.50
Zafran Pilav Rice	£4.00
Coconut Rice	£4.00
Mushroom Rice	£4.50
Lemon Rice	£3.75
Keema Rice	£4.95
Schezwan Chicken Fried Rice E	£8.95
Schezwan Chicken Noodle E	£8.95
Schezwan Vegetable Fried Rice	£7.95
Schezwan Vegetable Noodle	£7.95
Naan	£3.00
Butter Naan	£3.50
Cheese Naan	£4.00
Roti	£3.00
Fig and Coriander Naan	£4.25
Peshwari Naan	£4.50
Keema Naan	£4.50
Chilli Coriander Naan	£3.50
Garlic Naan	£3.50
Kerala Paratha	£3.95
Chips	£3.50

## **ELAI DUM BIRYANI**

Our biryani is created in the authentic Dum style for maximum flavour and tenderness enhanced by fragrant spices, accompanied by homemade raita

Prawn Biryani C D £16.95
Chicken Biryani D £13.95
Lamb Biryani D £14.95
Beef and Bone Marrow Biryani D £16.95
Vegetable Biryani D £12.50



### SOUTHERN FAVOURITES

Any extra sambar and chutney £1.25

Idli vve	£6.95
Served with sambar and chutneys	
Vada vve	£5.95
Golden fried spiced doughnut made with lentils	

served with chutneys and Sambar

Sambar Vada VVE £5.95 Spiced doughnut dipped in lentil soup

Idli Vada VVE Steamed rice and lentil dumpling served with Sambar and chutneys

Dosa VVE

Dosa is a crispy pancake lentil dish which is immensely popular in South India, made with urid and rice flour, it is usually served with aromatic sambar and chutney

Plain <mark>Do</mark> sa	£7.9
Chicken Chukka Dosa	£10.9
Masal <mark>a D</mark> osa	£8.9
Panee <mark>r Bhurji Dosa</mark> D	£10.5
Podi Dosa D	£8.0
Egg Dosa E	£9.5
Mysore Masala Dosa	£10.9
Onion Dosa	£8.2
Uttappam v ve	

PLAIN £7.95 | VEGETABLE £8.75 | ONION £8.50

Soft savoury crepe made with rice and lentils

Kothu Parotta DG

CHICKEN £11.95 | LAMB £13.95 | EGG £10.25 | VEG £9.95

Chole Bhatura DEG

A very popular Indian fried bread served with chickpeas masala

### THALI BHOJANAM

Served from 12.00-15.00

Elai Special Vegetarian Thali DGVVE £12.95

Served with assorted dish like Kootu, poryial, rice, bread and poppadum

Elai Special Non Vegetarian Thali DGN £15.95 Fish, chicken lamb, served with assorted curries

£14.95 / £17.50

Famous and traditional Keralan meal with choice of vegetarian or Non vegetarian served in claypot

## DRINKS

0 11 1 11 0 11	
South Indian Coffee D	£3.95
Mango Lassi D	£4.50
Sweet Lassi D	£4.50
Salt Lassi D	£4.50
Butter Milk D	£3.95
Smoothie	£5.95
Mixed Berry - Apple and Mango	



### **DESSERTS**

£7.50

Elai Ada Traditional Kerala sweet steamed in banana leaf served with ice cream		£7.50
Gulab Jamun DN		£5.95
Round dumplings traditionally made of reduced mi soaked in rose flavoured sugar syrup	k,	
Selection of Homemade Ice Cream	D	£5.95
Homemade Pista Kulfi DN		£6.95
Rasmalai DN		£7.50
Soft milk cakes served in rich saffron flavoured sau	се	
Cheesecake G N		£7.95
Homemade cheesecake with rose petals		
Chocolate and Hazelnut Dome		£7.95
A dark chocolate and light hazelnut mousse and co with a chocolate glaze and roasted hazelnut	vere	d
Coconut and White Chocolate Panaco	tta	£7.95
Set double cream infused with coconut milk		
Dessert of the Day		£5.95
COFFEE		
Latte £3.75 Americano		£3.75
Cappuccino £3.90 Double Espress	0	£3.25
Americano Black £3.00 Single Espresso	)	£2.95
Single Macchiato £3.00 Double Macchia	to	£3.50
Hot Chocolate £4.25 Mocha		£4.25
Cold Coffee £5.95 Filter Coffee		£3.25
Ice Tea £4.95 Flat White		£3.50
Fresh Ginger and Apple shot		£3.95
Add your flavour syrup:		60p
- almond, gingerbread, vanilla, caramel		
LOOSE LEAF TEA		£4.95

ENGLISH BREAKFAST Richness that is expected for this most classic of blends. Robust, punchy, flavoursome.

ASSAM Largest tea-growing region in the world, producing great breakfast tea that goes well with milk and is prized for its rich, malty, and robust cup character. Assam tea's strong character makes it the perfect base for Chai tea, or as the locals calls it, Masala tea.

**EARL GREY** A delicious combination of Ceylon and Bergamot oil. The black tea base has a natural lemon and lime profile that complements the bergamot to deliver a citrus explosion.

**DECAFFEINATED BREAKFAST TEA** A version of English Breakfast delivers the feeling of comfort and warmth, allowing milk to be added to your hearts content, without the effect of caffeine.

**MINT GREEN** This blend combines the finest rubbed peppermint leaf with Chinese green tea.

CHAMOMILE A caffeine-free golden infusion with a sweet blossom fragrance. Cherished for its calming properties and typically drunk late afternoon and early evening to unwind at the

TURMERIC AND GINGER Most popular caffeine free infusions Containing rooibos, turmeric and ginger it delivers a sweet blanketed caffeine-free cocktail of the reknown roots.

**LEMON AND GINGER** A powerful and uplifting infusion that combines the fiery warmth of ginger with the zesty refreshing flavours of lemon. We have added lemon balm to this blend to bring a soothing, herbal quality that rounds off the flavours perfectly.

**PEPPERMINT** Peppermint is proven to be calming and soothing to the digestive system. It is naturally caffeine-free.

